



908-782-4357 • 1-800-272-4630

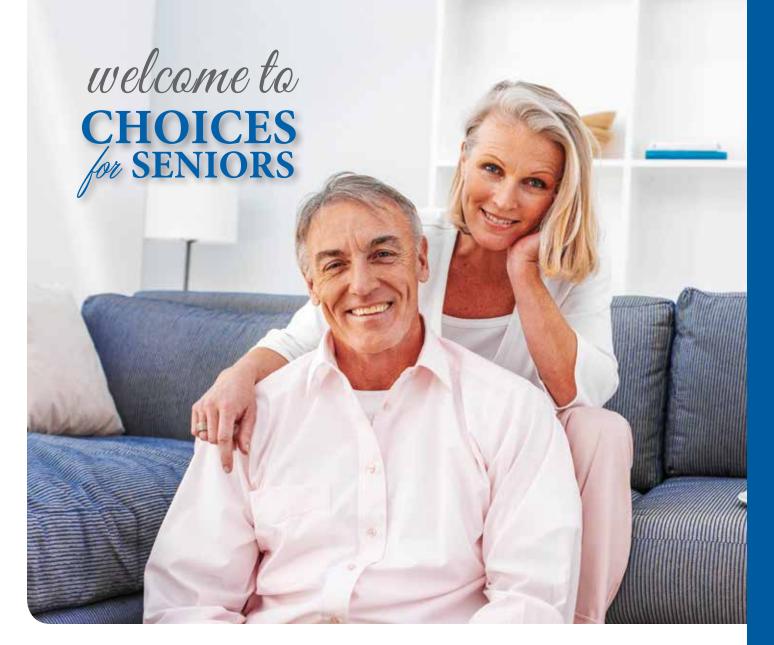
CONTACT US 24/7, 365 DAYS OF THE YEAR. Real help, right away. It's not just a phone number.

HELPLINE **PROGRAMS AND SERVICES INCLUDE:**

- First Assist
- **Employment Assistance**
 - Senior Assistance
 - Transportation
 - Literacy Services
- Community Translation Center
 - **Hunterdon Hispanos**
 - **Emergency Shelter**
- Homeless and Housing Assistance

All of Helpline's programs & services are free.





Our Fourth Edition

CHOICES for Seniors is designed to provide you with the information needed to meet your everyday and future challenges. Whether you are a senior, have a disability or are a caregiver or health care provider, this directory will assist you in finding the answers, programs, services and products you need.

A government, social service and non-profit organization listing begins the directory, followed by businesses that have specialized programs and services for seniors. A handy table of contents helps you navigate the information, as does two indices in the back, one listing businesses alphabetically, the other by category.

Visit the interactive version of CHOICES for Seniors. To view, download and link to the web:

www.choicesforseniorsdirectory.org OR scan the QR code.

welcome to CHOICES for SENIORS

Serving:

HUNTERDON MERCER SOMERSET WARREN

A Publication of



908-782-4357

1-800-272-4630

Hunterdon Helpline, Inc PO Box 246 Flemington, NJ 08822

www.helplinehc.org

Email: info@helplinehc.org

Publisher: Good Impressions Print Communications , LLC 325 W Washington Ave Washington, NJ 07882 (908) 689-3071

www.good-impressions.com

Art Direction: Jennifer Bellis,

Graphic Designer

©2023 Hunterdon Helpline. All rights reserved. No portion of this publication may be reprinted or reproduced without expressed written permission of the publisher. Dear Friend,

We are proud to present the 4^{th} edition of Choices for Seniors Directory. It has been the Eldercare "bible" for 8 years now, directing seniors and their families, caregivers, and health care providers to resources for seniors.

Covering four counties, the directory will lead you to government, non-profit and for-profit programs, services, facilities and more. There is no other directory of this kind in our area for seniors, one of the fastest growing population in New Jersey.

Usually, the directory has a shelf life about 2 years. However, the last few years, with the advent of the COVID-19 pandemic, publishing this issue has continued to be forestalled. We owe our advertisers and Good Impressions Print Communications a debt of gratitude for their patience and commitment to getting this directory out to you.

For a senior, the importance of this directory, covering Hunterdon, Mercer, Somerset, and Warren Counties, is vast. It contains the answers for questions like:

- "What services can assist me so I can remain living in the home I have known for 30 years?"
- "I want to downsize, but where do I start?"
- "I think it is time I moved to an assisted living community. What are the options in my area?"
- "It's time to update my will and make sure my estate is in order. What attorneys specializes in such things?"
- "Are there any social opportunities for my age group?"
- "My mom is coming to live with me. What do I need to do to make sure she has the right doctors?"

For more than 30 years, Hunterdon Helpline has been providing services to seniors so they can age successfully in the residence of their choice. Our Telephone Reassurance, Volunteer Shopper and Friendly Visitor programs do just that. We started publishing this directory so seniors could have such resources like ours and those listed in their directory at their fingertips.

Along with the "hard copy" of the directory, people can access the information on line at www.choicesforseniorsdirectory.org. We want to make sure that people needing this valuable information access it whether they have a hard copy or not and at any time.

While we celebrate this 4th Edition, we hope that you find it both useful and an interesting collection of relevant information.

Susan R.G. Lax MCIS

CEO

Hunterdon Helpline





5	NON-PROFITS & GOVERNMENT	5.00
	Agencies & Organizations	5-28
	SENIOR CENTERS	
	Hunterdon County	33
	Mercer County	35
	Somerset County	38
	Warren County	38
29	HEALTHCARE	
	Aging Life Care Professionals	30
	Home Care	30
	Physicians	32
34	FACILITIES	
	Rehabilitation	35
	Retirement Communities	35
	Skilled Nursing & Rehab	36
	(Nursing Homes)	
41	TRANSPORTATION	

45 BUSINESS SERVICES

Attorneys	46
Funeral/Memorial/Ceremonial	46
Money Management	47
Real Estate	48
Tax Preparation	48

For additional categories and listings please see Index of Advertisers by Business Name and Category on pages 49-51.



Visit the interactive version of CHOICES for Seniors. To view, download and link to the web: www.choicesforseniorsdirectory.org OR scan the QR code.

STAY connected...



Senior Services

NON-PROFIT & GOVERNMENT AGENCIES/ORGANIZATIONS

A

Abuse, Domestic

See Domestic Violence

Abuse, Men and Women

1-888-7helpline 908-788-1253 www.state.nj.us

Abuse, Elder/Senior

Adult Protective Services Hunterdon County Division of Social Services 908-788-1300 Hunterdon Helpline 800-272-4630 908-782-4357

Adult Protective Services Somerset County Division of Social Services 908-526-8800 Hunterdon Helpline 1-800-272-4630 908-782-4357

Nursing Home Abuse 800-792-8820

Addiction

Alcohol and Substance Abuse Planner Department of Human Services Hunterdon County 908-788-1253 Department of Human Services www.co.hunterdon.nj.us/humanservices.htm

Alcohol Overdose Hunterdon Medical Center 1-866-424-2060 2100 Westcott Dr., Flemington, NJ 08822 www.hunterdonhealth.org

Anderson House, Inc. / Turning Point 908-534-5818 532 Route 523, Whitehouse Station, NJ 08889 www.turningpointnj.org/about-us/anderson-house/ Community Prevention Resources of Warren County 908-835-1800 20 W. Washington Ave., Washington, NJ 07882

Daytop Village of New Jersey in Hunterdon 908-806-5195 6 Gauntt Place, Building 2 Flemington, NJ 08822

Hunterdon Behavioral Health Crisis Hot Line 908-788-6401 908-788-6400 2100 Wescott Drive, Flemington, NJ www.hunterdonhealth.org

Hunterdon County Municipal Alliance Program 908-788-1253 Department of Human Services Route 31, County Complex, Gauntt Place Flemington, NJ 08822 www.co.hunterdon.nj.us/288/Municipal-Alliance-to-Prevent-Alcoholism

Hunterdon Prevention Resources 908-782-3909 4 Walter Foran Blvd., Suite 410 Flemington, NJ 08822 www.njprevent.com

Adult Daycare

Adult Day Center of Somerset County 908-725-0068 872 East Main St., Bridgewater, NJ 08807 www.adultdaycenter.org

Briteside Adult Day Center 908-782-8080 16 Sand Hill Road, Flemington, NJ 08822 www.hunterdonhealth.org

NORWESCAP 908-454-7000 908-782-0612 www.norwescap.org

Adult Education

See Education

Agricultural Agent

Rutgers Cooperative Research and Extension of Hunterdon County 908-788-1341 314 Route 12 County Complex Building #2 Flemington, NJ 08822 www.hunterdon.njaes.rutgers.edu

AIDS / HIV

AIDS Hotline NJ, Testing Site and AIDS/HIV Task Force 800-624-2377 140 Bergen St., G level, Suite 1600, Newark, NJ

Hunterdon County Dept. of Public Safety Public Health and Nursing Education 908-806-4570 6 Gauntt Place, Flemington, NJ 08822-2900 www.co.hunterdon.nj.us/phn.html

Hyacinth AIDS Foundation 732-246-0204 800-433-0254 317 George Street, Suite 203, New Brunswick, NJ 08901 www.hyacinth.org

Alanon & Spouses Information Center

Hunterdon Drug Awareness Prevention 908-782-3609 8 Main Street, Suite 7, Flemington, NJ 08822

Hunterdon Prevention Resources 908-782-3909 4 Walter Foran Blvd., Suite 410, Flemington, NJ 08822 www.njprevent.com

Alzheimer's Disease

Alzheimer's Hotline 800-424-2494 www.alz.org

Alzheimer's Association Greater National Chapter 23 Vreeland Road, #105, Florham Park, NJ 07932 24/7 Helpline 1-800-272-3900 www.alz.org/nj

Alzheimer's New Jersey 973-586-4300 Hotline: 888-280-6055 425 Eagle Rock Avenue, Suite 203 Roseland, NJ 07068 Center for Healthy Aging Hunterdon Healthcare 908-788-6373 121 Route 31, Suite 1000, Flemington, NJ 088822 www.hunterdonhealthcare.org

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

American Cancer Society

800-227-2345 2310 Route 34, Suite 10, Mannasquan, NJ 08736 www.cancer.org

American Red Cross

Hunterdon County Chapter 908-782-4121 349 Route 31, Flemington, NJ 08822 www.njredcross.org

Anderson House, Inc. / Turning Point

908-534-5818 532 Route 523, Whitehouse Station, NJ 08889 www.turningpointnj.org/about-us/anderson-house/

Animals

SPCA Hunterdon County 908-996-2525 576 Stamets Road, Milford, NJ 08848 www.animalshelter.org/shelters

St. Hubert's Animal Shelter 908-526-3330 3201 Route 22 East North Branch, NJ 08876 www.sthuberts.org

Tabby's Place 908 237-5300 1100 US Highway 202, Ringoes, NJ 08551 www.tabbysplace.org

Wildlife: NJ Fish & Game (bear, coyote, etc.) 908-735-7040 www.state.nj.us/dep/fgw

Woodlands Wildlife Refuge 908-730-8300 676 Route 513, Pittstown, NJ 08867 www.woodlandswildlife.org

Assault

911

Adult Protective Services Hunterdon County Division of Social Services 908-788-1300 Hunterdon Helpline 800-272-4630 908-782-4357

Adult Protective Services Somerset County Division of Social Services 908-526-8800 Hunterdon Helpline 1-800-272-4630 908-782-4357

Hunterdon County Prosecutor's Office 908-788-1129 65 Park Ave., Flemington, NJ 08822 www.co.hunterdon.nj.us

Audiology

St. Luke's ENT Warren 755 Memorial Parkway, Building 100, Suite 112 Phillipsburg, NJ 08865 908-847-8862

B

Balance & Concussion Center

St. Luke's Balance & Concussion Center 755 Memorial Pkwy, Suite 208, Phillipsburg, NJ 08865 908-859 9780

Bereavement Support

Hunterdon Hospice 908-788-6600 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealthcare.org

Better Business Bureau of Central NJ

Serves Hunterdon, Mercer and Warren Counties 609-588-0342 1700 Whitehorse-Hamilton Square Road, Suite D5 Trenton, NJ 08690 www.bbb.org/us/nj

Blind/Sight Impaired

American Foundation for the Blind 800-232-5463 www.afb.org

NJ Commission for the Blind and Visually Impaired 877-685-8878 973-648-3333 153 Halsey Street, Newark, NJ 07102 www.state.nj.us/humanservices/cbvi/home

Talking Books National Library Service for the Blind www.loc.gov/nls/

Blood Donor Service

Hunterdon Medical Center (HMC) 908-788-6405

NJ Blood Services 908-735-0029 6 Rupells Road, Clinton, NJ 08809

Red Cross 908-782-4121 www.redcross.org

Braille

NJ Commission for the Blind and Visually Impaired 877-685-8878 973-648-3333 153 Halsey Street, Newark, NJ 07102 www.state.nj.us/humanservices/cbvi/home

Bridgeway Rehabilitation Services

908-835-8660 Star Plaza, Suite 12, West Church St. Washington, NJ 07882 www.bridgewayrehab.com

Briteside Adult Day Care

908-782-8080 16 Sand Hill Road, Flemington, NJ 08822 www.hunterdonhealthcare.org/briteside

Burial Benefits

NJ Dept. of Military and Veteran's Affairs 888-8NJ-VETS www.state.nj.us/military

Social Security Administration 800-772-1213 www.ssa.gov Veterans Interment, Warren County 6 Hemlock Ln, Belvidere, NJ 07823 908-475-5098

Bus Lines

County Transportation, Hunterdon The LINK 1-800-842-0531 First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.ridethelink.com

go
Hunterdon

908-788-5553

146 Route 31 North, Suite 400, Flemington, NJ 08822

www.gohunterdon.org

C

Career Planning

One Stop Career Centers New Jersey 908-782-2371 www.nj.gov/labor/career-services

New Jersey Employment Services Department of Labor and Workforce Development 609-777-1042 www.nj.gov/labor/career-services

NORWESCAP

Career & Life Transition Center - Displaced Homemaker Service

908-788-1453 84 Park Avenue, Unit E-103, Flemington, NJ 08822 www.norwescap.org www.dhnj.org

Caregiver Support

Alzheimer's & Related Dementia Caregiver's Support Group 908-237-2364 Flemington, NJ 08822

Caregiver Support Group (monthly) Hunterdon Medical Center 908-237-2364 2100 Wescott Drive, Flemington, NJ 08822 Division of Aging - NJ Resources 800-792-8820 877-222-3737 www.state.nj.us/humanservices/doas/home

Hunterdon Regional Community Health Home Health - 908-788-6138 Visiting Health & Supportive Services - 908-788-2562 Hunterdon Hospice - 908-788-6600 Hunterdon SafeLine - 908-237-5425 215 Route 31 S, Flemington, NJ 08822 www.hunterdonhealth.org

Telephone Reassurance Program Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

NJ Self-Help Clearinghouse 800-367-6274 673 Morris Avenue, #100, Springfield, NJ 07081 www.njgroups.org

Hunterdon Older Adult at HMC 908-237-2364

Catholic Charities

908-782-7905 6 Park Ave., Flemington, NJ 08822 www.ccdom.org

Center for Educational Advancement

908-782-1480 11 Minneakoning Road, Flemington, NJ 08822 www.cea-nj.org

Chamber of Commerce

Hunterdon County 908-782-7115 119 Main Street, Flemington, NJ 08822 www.hunterdon-chamber.org

MIDJersey Chamber of Commerce 609-689-9960 1A Quakerbridge Plaza Drive, Mercerville, NJ 08619 Somerset County Business Partnership 908 218-4300 360 Grove Street, Bridgewater, NJ 08807 www.scbp.org

Clinics

See Health Services

Colleges, Senior Programs

NJ Department of Higher Education 800-792-8670 www.state.nj.us/highereducation

Raritan Valley Community College 908-253-6688 118 Lamington Road Branchburg, NJ 08876 www.raritanval.edu

Warren County Community College 908-835-9222 475 Route 57 West Washington, NJ 07882 www.warren.edu

Commuter Information Services, goHunterdon

908-788-5553 908-788-8583 Fax 146 Route 31 North, Suite 400 Flemington, NJ 08822 www.gohunterdon.org

Consignment Shops

The Consignment Shop SAFE in Hunterdon 908-806-0019 PO Box 63 Flemington, NJ 08822 www.safeinhunterdon.org/donate/

Consumer Affairs/Complaints

Better Business Bureau of NJ, Inc. 609-588-0808 www.bbb.org/us/nj

Department of Consumer Affairs NJ Hotline 800-242-5846 973-504-6200 124 Halsey Street, Newark, NJ 07102 www.njconsumeraffairs.gov Department of Law & Public Safety, NJ 973-504-6200 www.njoag.gov

Legal Services of NJ Hotline 888-756-5529 www.lsnj.org/hotline.htm

Consumer Credit Counseling

Consumer Credit Counseling Service of NJ Inc. 888-726-3260 185 Ridgedale Avenue, Cedar Knolls, NJ 07927-1812

National Foundation for Credit Counseling 800-388-2227 www.nfcc.org

Cooperative Extension Service

Family & Consumer Sciences 908-788-1341

Horticulture/Agriculture 908-788-1338 908-788-1339

4-H Program Club 908-788-1340

Counseling, General

Catholic Charities 908-782-7905 6 Park Avenue, Flemington, NJ 08822 www.ccdom.org

Hunterdon Behavioral Health (HMC) 908-788-6401 2100 Wescott Drive, Flemington, NJ 08822

Hunterdon Older Adult Program HMC/HBH 908-237-2364

Princeton House Behavioral Health 609-497-3300 905 Herrontown Road, Princeton, NJ 08540

Court/Justice System

Community Justice Center, Trenton 609-218-5120 310 W. State Street, 3rd Floor, Trenton, NJ 08618 www.nj-communityjusticecenter.org Hunterdon County Superior Court Justice Center 908-824-9750 65 Park Avenue Flemington, NJ 08822 www.town-court.com/NJ/hunterdon-countysuperior-court

Prosecutor's Office Hunterdon County 908-788-1129 65 Park Avenue, Flemington, NJ 08822 www.co.hunterdon.nj.us

Public Defender Hunterdon County 908-782-1082 84 Park Avenue, Suite G-102 Flemington, NJ 08822 www.nj.gov/defender/regional/hunterdon.shtml

CPR Courses

American Red Cross 908-782-4121 800-733-2767 www.redcross.org/take-a-class/cpr/performing-cpr

American Heart Association 800-242-8721 www.heart.org

Hunterdon Healthcare CPR Training Center 908-788-6614 215 Route 31 South, Flemington, NJ 08822 www.hunterdonhealth.org

Credit Counseling

Consumer Credit Counseling Service of NJ Inc. 888-726-3260

National Foundation for Consumer Credit Hotline 800-388-2227 www.nfcc.org

Crisis Intervention

Emergency Mental Health Services Hunterdon Medical Center 908-788-6400 2100 Wescott Drive Flemington, NJ 08822 www.hunterdonhealth.org Family Crisis Intervention Unit Hunterdon Behavioral Health 908-788-6401 www.hunterdonhealthcare.org

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357

Culture & Heritage Commission

908-237-2010 71 Main Street, Building #3 Flemington, NJ 08822 www.co.hunterdon.nj.us/depts/c&h/c&h.htm



Daycare, Seniors

Briteside Adult Day Center 908-782-8080 16 Sand Hill Road Flemington, NJ 08822 www.hunterdonhealthcare.org/briteside

Diabetes

American Diabetes Association 800-342-2383 2451 Crystal Drive, Suite 900 Arlington, VA 22202 www.diabetes.org

Center for Nutrition and Diabetes Management Hunterdon Healthcare System 908-237-6920 2100 Westcott Drive Flemington, NJ 08822 www.hunterdonhealth.org

Disability Services

Alternatives, Inc. 908-685-1444 600 1st Avenue, Suite 1 Raritan, NJ 08869 www.alternativesinc.org

Abilities of Northwest New Jersey 908-689-1118 264 Route 31 N, P.O. Box 251 Washington, NJ 07882 www.abilitiesnw.com ARC of Hunterdon 908-730-7827 53 Frontage Road, Suite 150 Hampton, NJ 08827 www.archunterdon.org

ARC of Warren County 908-689-7525 319 W. Washington Ave. Washington, NJ 07882 www.arcwarren.org

Division of Developmental Disabilities - NJ 800-832-9173 222 South Warren Street Trenton, NJ 08608 www.nj.gov/humanservices/ddd

Division of Senior, Disabilities and Veterans Services 908-788-1361 4 Gauntt Place, Building #1 Flemington, NJ 08822 www.co.hunterdon.nj.us/aging.htm

Progressive Center for Independent Living Hunterdon Office: 908-782-1055 Mercer Office: 609-581-4500 www.pcil.org

Warren County Disability Services Provided by DAWN - Center for Independent Living 888-383-3296 165 County Route 519 South Belvidere, NJ 07823

Disaster Assistance

American Red Cross 908-782-4121 www.njredcross.org

Citizen Alert
Community Notifications
Hunterdon County Registration
1-800-272-4630
908-782-4357
www.co.hunterdon.nj.us/communityalerts.html

Department of Human Services Hunterdon County 908-788-1253 www.co.hunterdon.nj.us/humanservices.htm Department of Human Services Mercer County 609-989-6526 www.mercercounty.org/departments/human-services

Department of Human Services Somerset County 908-704-6300 www.co.somerset.nj.us/government/human-services

Department of Human Services Warren County 908-475-6331 www.co.warren.nj.us/humanservices

Department of Public Safety Office of Emergency Management, Warren County 908-835-2048 www.warrencountynjdps.com

Department of Public Safety Office of Emergency Management Hunterdon County 908-788-1205 908-788-1196 201 Cherryville Road P.O. Box 2900, Flemington, NJ 08822 www.co.hunterdon.nj.us/oem.html

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

Dogs and Cats

See Animals

Domestic Violence

Domestic Violence Hotline New Jersey 1-800-572-SAFE (7233)

Domestic Abuse & Sexual Assault Crisis Center (DASACC), Warren County 24-hour helpline: 908-453-4181 29C Broad Street Washington, NJ 07882 www.dasacc.org

SAFE in Hunterdon 1-888-988-4033 www.safeinhunterdon.org The Family Success Center, Hunterdon County 908-237-0465 5 East Main Street, Flemington, NJ 08822

The Family Success Center, Warren County 908-454-7000 350 Marshall Street, Phillipsburg, NJ 08865 www.norwescap.org

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

National Domestic Violence Hotline 1-800-799-SAFE (7233) www.thehotline.org

Drug Abuse

See Addiction, Substance Abuse

E

Easter Seals

855-215-4541 200 Route 31 N Flemington, NJ 08822 www.easterseals.com/nj

Eating Disorders

NJ Eating Disorders Association 800-522-2230

Education, Adult

Center for Educational Advancement 908-782-1480 11 Minneakoning Road Flemington, NJ 08822 www.cea-nj.org

Educational Services Commission

908-439-4280 37 Hoffman's Crossing Road Califon, NJ 07830 www.hcesc.com

Hunterdon County Polytech 908-788-1119 8 Bartles Corner Road Flemington, NJ 08822 http://polytech.hcvsd.org Literacy Services Hunterdon Helpline 1-800-272-4630 908-782-4357 P.O. Box 246 Flemington, NJ 08822 www.helplinehc.org

Raritan Valley Community College 908-526-1200 118 Lamington Road Branchburg, NJ 08876 www.raritanval.edu

Elections, Hunterdon County Board of

908-788-1102 71 Main Street Flemington, NJ 08822 www.co.hunterdon.nj.us/elctindx.htm

Emergencies

Emergency (Police/Fire/Ambulance)
Dial 911

Community System for Emergency Response Hunterdon Dial 911 908-788-1196

Crisis Hotline Hunterdon Behavioral Health 908-788-6401

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

Office of Emergency Management Department of Public Safety 908-788-1196 www.co.hunterdon.nj.us/oem.html

For Department of Human Services, see Disaster Assistance, Human Services

Employment and Unemployment Services

File New Claim 732-761-2020 www.njuifile.net Foster Grandparent Program Hunterdon Developmental Center CN 4220, Pittstown Road Clinton, NJ 08809

New Jersey Workforce 55+ www.jobs4jersey.com

One-Stop Unemployment Service New Jersey 908-704-3006 75 Veterans Memorial Drive East Somerville, NJ 08876

Unemployment Existing Claims 732-761-2029

End of Life Care

Hunterdon Hospice 908-788-6600 2100 Wescott Drive Flemington, NJ 08822 www.hunterdonhealth.org

F

Family Crisis Intervention Services

Hunterdon Behavioral Health 908-788-6401 www.hunterdonhealth.org

Family Guidance Centers of Warren County

908-454-5141 24-Hour Emergency Services 908-689-1000 492 Route 57 West Washington, NJ 07882 www.fgcwc.org

908-852-0333 128 Maple Ave., Hackettstown, NJ 07840

908-454-4470 370 Memorial Pkwy., Phillipsburg, NJ 08865

24-HOUR CRISIS HOTLINE: 908-454-5141

Family Promise of Hunterdon County, Inc.

908-782-2490 8 Bartles Corner Road, Suite 11 Flemington, NJ 08822 www.familypromisehc.org

Family Success Center

Hunterdon County 908-237-0465 87 Park Avenue, Flemington, NJ 08822

Warren County 908-454-7000 350 Marshall Street, Phillipsburg, NJ 08865 www.norwescap.org

First Aid Programs

American Red Cross of Central NJ 609-951-8550

NJ State First Aid Council www.njsfac.org

First Assist

Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

Fisherman's Mark

609-397-0194 60 Wilson Street, Lambertville, NJ 08350 www.fishermansmark.org

Flu Shots

Board of Health Hunterdon County 908-788-1351 312 Route 12 County Complex, Building #12 Flemington, NJ 08822 www.co.hunterdon.nj.us/health.html

Food

Fisherman's Mark Food Pantry 609-397-0194 262 North Main Street, Lambertville, NJ 08530 www.fishermansmark.org Flemington Food Pantry 908-788-5568 154 Route 31 North, Raritan Town Square Flemington, NJ 08822 www.flemingtonfoodpantry.org

Frenchtown Food Pantry 908-996-2227 Presbyterian Church, 22 4th Street Frenchtown, NJ 08825 www.frenchtownpres.org/food-pantry

Meals on Wheels in Hunterdon, Inc. 908-284-0735 908-284-0708 Fax 5 Walter Foran Blvd., Suite 2006 Flemington, NJ 08822 www.mowih.org

Open Cupboard Food Pantry 908-730-7320 37 Old Highway 22 Clinton, NJ 08809 www.opencupboardfoodpantry.org

Food Stamps

Division of Social Services Hunterdon County 908-788-1300 908-806-4588 Fax 6 Gauntt Place, Flemington, NJ 08822

G

Gambling, Compulsive

800-GAMBLER 800-426-2537 www.800gambler.org

goHunterdon

908-788-5553 908-788-8583 Fax 146 Route 31 North, Suite 400, Flemington, NJ 08822 www.gohunterdon.org

Government, Hunterdon County

County of Hunterdon 908-788-1102 P.O. Box 2900 Flemington, NJ 08822-2900 General Office Hours - 8:30 to 4:30 pm www.co.hunterdon.nj.us Hunterdon County Clerk's Office 908-788-1221 71 Main St., Flemington, NJ 08822 www.co.hunterdon.nj.us/countyclerk.htm

The Township of Alexandria Phone: 908-996-7071 • Fax: 908-996-4196 782 Frenchtown Road, Milford, NJ 08848 MUNICIPAL OFFICE OPEN: Monday through Friday - 9:00 am to 5:00 pm www.alexandrianj.gov

The Township of Bethlehem Phone: 908-735-4107 • Fax: 908-735-0485 405 Mine Road, Asbury, NJ 08802-1107 MUNICIPAL OFFICE OPEN: Monday through Friday - 8:30 am to 3:30 pm www.bethlehemnj.org

The Borough of Bloomsbury
Phone: 908-479-4200 • Fax: 908-479-1418
91 Brunswick Avenue, Bloomsbury, NJ 08804
MUNICIPAL OFFICE OPEN:
Monday - 6:00 pm to 8:00 pm
Monday through Thursday - 8:30 am to 3:00 pm
www.bloomsburyborough.com

The Borough of Califon
Phone: 908-832-7850 • Fax: 908-832-6085
Post Office Box 368, Califon, NJ 07830
MUNICIPAL OFFICE OPEN:
Monday through Friday - 9:00 am to 3:00 pm
www.califonboro.org

The Town of Clinton
Phone: 908-735-8616 • Fax: 908-735-8082
43 Leigh Street, Clinton, NJ 08809
MUNICIPAL OFFICE OPEN:
Monday through Friday - 8:30 am to 4:30 pm
www.clintonnj.gov

The Township of Clinton
Phone: 908-735-8800 • Fax: 908-735-8156
1225 Route 31 South, Suite 411, Lebanon, NJ 08833
MUNICIPAL OFFICE OPEN:
Monday through Friday - 8:30 am to 4:30 pm
www.clintontwpnj.gov

The Township of Delaware
Phone: 609-397-3240 • Fax: 609-397-4893
Delaware Township Hall
P.O. Box 500
570 Rosemont-Ringoes Road
Sergeantsville, NJ 08557
MUNICIPAL OFFICE OPEN:
Monday through Friday - 8:30 am to 4:30 pm
Wednesday Evening - 5:30 pm to 7:30 pm
www.delawaretwpnj.org

The Township of East Amwell Phone: 908-782-8536 • Fax: 908-782-1967 1070 Route 202/31, Ringoes, NJ 08551-1051 MUNICIPAL OFFICE OPEN: Monday through Friday - 8:30 am to 3:00 pm Tuesday Evenings - 6:30 pm to 8:00 pm www.eastamwelltownship.com

The Borough of Flemington Phone: 908-782-8840 • Fax: 908-782-0142 38 Park Avenue, Flemington, NJ 08822 MUNICIPAL OFFICE OPEN: Monday through Friday - 8:30 am to 4:30 pm www.historicflemington.com

The Township of Franklin Phone: 908-735-5215 • Fax: 908-735-7598 202 Sidney Road, Pittstown, NJ 08867 MUNICIPAL OFFICE OPEN: Monday through Friday - 9:00 am to 4:00 pm www.franklin-twp.org

The Borough of Frenchtown Phone: 908-996-4524 • Fax: 908-996-3408 Borough Hall, 29 Second Street Frenchtown, NJ 08825 MUNICIPAL OFFICE OPEN: Monday through Friday - 9:00 am to 3:00 pm www.frenchtownboro.com

The Borough of Glen Gardner
Phone: 908-537-4748 • Fax: 908-537-7026
P.O. Box 307, 83 Main Street
Glen Gardner, NJ 08826
MUNICIPAL OFFICE OPEN:
Monday through Friday - 9:00 am to 3:30 pm
3rd Tues. of every month - 9:00 am to 7:00 pm
www.glengardner.org

The Borough of Hampton
Phone: 908-537-2329 • Fax: 908-537-7097
P.O. Box 418 - 1 Wells Avenue, Hampton, NJ 08827
MUNICIPAL OFFICE OPEN:
Monday through Friday - 8:30 am to 4:00 pm
www.hamptonboro.org

The Borough of High Bridge Phone: 908-638-6455 • Fax: 908-638-9374 97 West Main Street, High Bridge, NJ 08829 MUNICIPAL OFFICE OPEN: Monday through Fridays - 9:00 am to 4:00 pm www.highbridge.org

The Township of Holland Phone: 908-995-4847 • Fax: 908-995-7112 Town Hall, 61 Church Road, Milford, NJ 08848 MUNICIPAL OFFICE OPEN: Monday through Friday - 8:00 am to 4:00 pm www.hollandtownshipnj.gov

The Township of Kingwood Phone: 908-996-4276 • Fax: 908-996-7753 Town Hall 599 Grove Road, Frenchtown, NJ 08825 MUNICIPAL OFFICE OPEN: Monday, Wednesday, Thursday, and Friday, 9:00 am to 3:00 pm Tuesday - 9:00 am to 8:00 pm www.kingwoodtownship.com

The City of Lambertville
Phone: 609-397-0110 • Fax: 609-397-2203
City Hall
18 York Street, Lambertville, NJ 08530
Email: cityclerk@lambertvillenj.org
MUNICIPAL OFFICE OPEN:
Monday - Friday: 9:00 am to 4:30 pm
Tax Office: Mon through Fri, 9:00 am to 4:30 pm
www.lambertvillenj.org

The Borough of Lebanon
Phone: 908-236-2425 • Fax: 908-236-2939
Borough Hall
6 High Street, Lebanon, NJ 08833
MUNICIPAL OFFICE OPEN:
Monday through Friday, 8:30 am to 4:30 pm
www.lebanonboro.com

15

The Township of Lebanon Phone: 908-638-8523 • Fax: 908-638-5957 Township Hall 530 West Hill Road, Glen Gardner, NJ 08826 MUNICIPAL OFFICE OPEN: Monday through Friday, 8:00 am to 4:30 pm www.lebanontownship.net

The Borough of Milford Phone: 908-995-4323 • Fax: 908-995-2343 Borough Hall 30 Water Street, P.O. Box 507, Milford, NJ 08848 MUNICIPAL OFFICE OPEN: Monday through Friday, 8:30 am to 4:30 pm www.milfordnj.gov

The Township of Raritan
Phone: 908-806-6100 • Fax: 908-806-8221
Township Building
One Municipal Drive, Flemington, NJ 08822
MUNICIPAL OFFICE OPEN:
Monday through Friday, 8:30 am to 4:30 pm
www.raritan-township.com

The Township of Readington Phone: 908-534-4051 • Fax: 908-534-5909 Township Building 509 Route 523, Whitehouse Station, NJ 08889 MUNICIPAL OFFICE OPEN: Monday through Friday, 8:30 am to 4:30 pm www.readingtontwpnj.gov

The Borough of Stockton
Phone: 609-397-0070 • Fax: 609-397-4067
Borough Hall
2 South Main Street, Stockton, NJ 08559
MUNICIPAL OFFICE OPEN:
Monday - Closed
Tuesday - 8:00 am to 2:00 pm
Wednesday - 8:00 am to 12:00 noon
Thursday - 8:00 am to 2:00 pm
Friday - Closed
www.stocktonboronj.us

The Township of Tewksbury
Phone: 908-439-0022 • Fax: 908-439-0034
Township Building
169 Old Turnpike Road, Califon, NJ 07830
MUNICIPAL OFFICE OPEN:
Monday through Friday, 8:30 am to 4:00 pm
www.tewksburytwp.net

The Township of Union
Phone: 908-735-8027 • Fax: 908-735-0591
Township Building
140 Perryville Road, Hampton, NJ 08827
MUNICIPAL OFFICE OPEN:
Monday through Friday, 9:00 am to 4:00 pm
www.uniontwp-hcnj.gov

The Township of West Amwell
Phone: 609-397-2054 • Fax: 609-397-8634
150 Rocktown-Lambertville Road
Lambertville, NJ 08530-3509
MUNICIPAL OFFICE OPEN:
Monday through Friday, 8:30 am to 3:30 pm
www.westamwelltwp.org

Guardianship, Adults

Volunteer Guardianship One-One, Inc. 908-483-5896 www.volunteerguardianship.org



Health Services

Board of Health Hunterdon County 908-788-1351 314 Route 12 West, Flemington, NJ 08822 www.co.hunterdon.nj.us/health.html

Board of Health Personal Services Division, Public Health Nursing Agency Warren County 908-475-7960 700 Oxford Road, Oxford, NJ 07863

Public Health Nursing and Education 908-806-4570 6 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/phn.html

Health Centers

Coventry Family Practice 908-454-6303 755 Memorial Pkwy., Suite 300 Phillipsburg, NJ 08865

Hunterdon Family Medicine at Branchburg 908-237-4014 Branchburg, NJ www.hunterdonhealth.org Hunterdon Family Medicine at Bridgewater Bridgewater, NJ Phone: 908-237-4135 www.hunterdonhealth.org

Hunterdon Family Medicine at Cornerstone 908-237-6910 Flemington, NJ www.hunterdonhealth.org

Hunterdon Family Medicine at Delaware Valley 908-995-2251 Milford, NJ www.hunterdonhealth.org

Hunterdon Family Medicine at Highlands 908-735-2594 Hampton, NJ http://hunterdonhealthstg.prod.acquia-sites.com/ services/hunterdon-family-medicine-highlands

Hunterdon Family & Sports Medicine at Hopewell Valley 609-730-1771 Pennington, NJ www.hunterdonhealth.org

Hunterdon Family Medicine at Phillips-Barber 609-397-3535 Lambertville, NJ www.hunterdonhealth.org

Hunterdon Family Medicine at Riverfield 908-735-4645 Clinton, NJ www.hunterdonhealth.org

Hunterdon Family Medicine at Riverfield 908-237-4144 Washington, NJ www.hunterdonhealth.org

Hunterdon Family Practice & Obstetrics 908-788-6535 Flemington, NJ www.hunterdonhealth.org

St. Luke's Warren Campus 908-847-6700 185 Roseberry Street, Phillipsburg, NJ 08865 www.slhn.org/warren Village Medical Center 908-847-6568 207 Strykers Rd, Phillipsburg, NJ 08865

Warren Hills Family Practice 908-847-3100 315 Route 31 S., Washington, NJ 07882

Zufall Health Center Highlands Health Van www.zufallhealth.org

Health & Wellness

Hunterdon Health and Wellness Centers Whitehouse Station, NJ 08889 908-534-7600 Clinton, NJ 08809 908-735-6884 www.wellness.hunterdonhealthcare.org/

Heart Association, American

800-242-8721 1 Union Street, Trenton, NJ 08691 www.heart.org

Helplines

Hunterdon Helpline 908-782-4357 908-735-4357 800-272-4630 www.helplinehc.org

2-1-1 1-877-652-1148 www.nj211.org

Home Health Services

Public Health Nursing and Education 908-806-4570 6 Gauntt Place, PO Box 2900 Flemington, NJ 08822 www.co.hunterdon.nj.us/phn.html

Home Health Services (Nursing, Physical Therapy and Home Infusion) Hunterdon Regional Community Health 908-788-6138 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealth.org Visiting Health and Supportive Services Hunterdon Regional Community Health 908-788-2562 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealth.org

Home Sharing

908-526-4663 Hunterdon, Somerset, Morris, Essex, Union, Middlesex Counties 120 Finderne Avenue, Bridgewater, NJ 08807

Homelessness Prevention Program

Family Promise of Warren County 908-453-2194 65A Washington Ave., P.O. Box 267, Oxford, NJ 07863 www.wcfamilypromise.org

Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

Hospice

Hunterdon Hospice Hunterdon Healthcare 908-788-6600 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealth.org

Hospitals

Capital Health Regional Medical Center 609-394-6000 750 Brunswick Avenue, Trenton, NJ 08638 www.capitalhealth.org

Hackettstown Medical Center 651 Willow Grove St, Hackettstown, NJ 07840 908-852-5100 www.atlantichealth.org/hackettstown

Hunterdon Healthcare Urgent Care 908-237-4036 Flemington, NJ 08822 www.hunterdonhealth.org/

Hunterdon Medical Center 908-788-6100 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealth.org RWJ Barnabas Health - Hamilton 609-586-7900 1 Hamilton Health Pl, Hamilton, NJ 08690 www.rwjhamilton.org

RWJ Barnabas Health - Somerset 908-685-2200 110 Rehill Ave, Somerville, NJ 08876 www.rwjbh.org

St Luke's Hospital - Warren Campus 908-847-6320 185 Roseberry Street, Phillipsburg, NJ 08865 www.slhn.org/warren

Housing

Hunterdon County Division of Housing 908-788-1336 8 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/housing.htm

Human Services

Department of Human Services Hunterdon County 908-788-1253 8 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/humanservices.htm

Department of Human Services Mercer County 609-989-6526 640 South Broad Street, Trenton, NJ 08650-0068 www.mercercounty.org/departments/human-services

Department of Human Services Somerset County 908-704-6300 www.co.somerset.nj.us/government/human-services

Department of Human Services Warren County 908-475-6331 1 Shotwell Dr., Belvidere, NJ 07823 www.co.warren.nj.us/government/human-services

Humane Society

See Animals

Hunterdon Behavioral Health Services

908-788-6401 866-424-2060 2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealthcare.org

Hunterdon Drug Awareness Program Inc.

908-788-1900

908-788-3836 Fax

8 Main Street, Suite 7, Flemington, NJ 08822

Hunterdon Helpline

800-272-4630

908-782-4357

908-735-4357

908-237-0296 Fax

P.O. Box 246, Flemington, NJ 08822 www.helplinehc.org

Hunterdon Healthcare

908-788-6100

2100 Wescott Drive, Flemington, NJ 08822 www.hunterdonhealthcare.org

Hunterdon Prevention Resources

908 782-3909

908-782-6025 Fax

4 Walter Foran Blvd., Suite 410, 2nd floor

Flemington, NJ 08822

www.njprevent.com



Identification - ID's

908-788-1214

County Clerk, 71 Main Street, Flemington, NJ 08822 www.co.hunterdon.nj.us/countyclerk.htm

Immigration Services

www.uscis.gov

Information and Referral, General

First Assist

Hunterdon Helpline

908-782-4357

908-735-4357

800-272-4630

908-237-0296 Fax

P.O. Box 246, Flemington, NJ 08822

www.helplinehc.org

Dial 211

877-652-1148

www.nj211.org

Interfaith Hospitality Network

908-782-2490

908-782-4685 Fax

Flemington Presbyterian Church, 10 E. Main St.

Flemington, NJ 08822



Legal Services

Law and Public Safety Office of the Attorney General, NJ 609-292-4925

Lawyer Referral Service Hunterdon County Bar Association P.O. Box 573, Annandale 08801

Legal Services of Northwest Jersey 908-782-7979 82 Park Ave., Flemington, NJ 08822 www.lsnj.org/lsnwj/index.htm

League of Women Voters

800-792-8683

204 West State Street, Trenton, NJ 08608

Libraries

www.hclibrary.us/friendly.php?s=locations

Hunterdon County Main Library 908-788-1444 314 State Route 12, Bldg. #3 Flemington, NJ 08822

Califon

908-638-8884

7 Bunnvale Rd., Califon, NJ 07830

Clinton

908-730-6262

65 Halstead Street, Clinton, NJ 08809

Flemington

908-782-5733

118 Main Street, Flemington, NJ 08822

Frenchtown

908-996-4788

29 Second Street, Frenchtown, NJ 08825

High Bridge 908-638-8231 71 Main Street, High Bridge, NJ 08829

Holland / Alexandria 908-995-4767 129 Spring Mills Road, Milford, NJ 08848

Lambertville 609-397-0275 6 Lilly Street, Lambertville, NJ 08530

Milford 908-995-4072 40 Frenchtown Road, Milford, NJ 08848

Readington Township 908-534-4421 255 Main Street, Whitehouse Station, NJ 08889

Tewksbury Township 908-439-3761 31 Old Turnpike Road, Oldwick, NJ 08858

Three Bridges 908-782-2908 449 Main Street, Three Bridges, NJ 08887

LINK

(Hunterdon County Transportation System)

800-842-0531 908-788-9760 www.ridethelink.com

Literacy Services

Hunterdon Helpline 800-272-4630 908-782-4357 908-725-4357 www.helplinehc.org

Lung Association, American

800-lungUSA www.lung.org

Lyme Disease Foundation

800-886-LYME 800-886-5963 www.lyme.org

Hunterdon County Health Department 908-806-4570 908-788-1351 www.co.hunterdon.nj.us/health.htm

M

Meals on Wheels in Hunterdon, Inc.

908-284-0735 908-284-0708 Fax 5 Walter Foran Blvd, Suite 2006, Flemington, NJ 08822 www.mowih.org

Flemington 908-782-4156

Lambertville 609-397-2228

Lebanon 908-236-0093

Medicaid

Hunterdon, Somerset, Middlesex, Union Counties www.medicaid.gov

Memory Center

St. Luke's Hospital Memory Clinic 908-847-6722 755 Memorial Pkwy, Phillipsburg, NJ 08865

The Central Jersey Memory Center Hunterdon Medical Center 908-788-6373 Flemington, NJ 08822 www.hunterdonhealth.org/services/central-jersey-regional-memory-center

Mental Health Services

Bridgeway Rehabilitation Services Program in Assertive Community Treatment (PACT) 908-835-8660 Star Plaza, Suite 11, Washington, NJ 07882 www.bridgewayrehab.com

Bridgeway Residential Intensive Support Team (RIST) 908-894-5311 1465 Route 31 South, Annandale, NJ 08801 www.bridgewayrehab.com

Catholic Charities 908-782-7905 6 Park Ave., Flemington, NJ 08822 www.ccdom.org Easter Seals 908-788-7580 43 Emery Ave., Flemington, NJ 08822 www.nj.easterseals.com

Family Crisis Intervention Services Hunterdon Behavioral Health 908-788-6401 www.hunterdonhealth.org/services/hunterdonbehavioral-health

Family Guidance Center of Warren County 908-689-1000 492 Route 57 W, Washington, NJ 07882 www.fgcwc.org

Hunterdon County Mental Health Board 908-788-1372 8 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/humanservices.htm

National Alliance on Mental Illness (NAMI) 1-800-950-NAMI www.nami.org

NAMI of Hunterdon 908-284-0500 P.O. Box 229, Flemington, NJ 08822 www.namihunterdon.org

NJ Association of Mental Health Agencies 609-838-5488 www.njamha.org

Warren County Mental Health Board 908-475-6332 1 Shotwell Dr., Belvidere, NJ 07823

Mentoring

Big Brothers Big Sisters of Northern New Jersey Serving Hunterdon, Somerset, Warren Counties 333 Route 46 West, Suite 105 Mountain Lakes, NJ 07046

Mr. Fix-it Program

908-788-1358 4 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/aging/mrfixit.htm



New Jersey SHARES

Utility Assistance Hunterdon Helpline 800-272-4630 908-782-4357 P.O. Box 246, Flemington, NJ 08822 www.helplinehc.org

New Jersey TRUE/PAGE

Utility Assistance Hunterdon Helpline 800-272-4630 908-782-4357 P.O. Box 246, Flemington, NJ 08822 www.helplinehc.org

NORWESCAP Inc. Programs

Northwest NJ Community Action Program, Inc. 908-454-7000 350 Marshall Street, Phillipsburg, NJ 08865 www.norwescap.org

NORWESCAP Career and Life Planning Center 908-788-1453 908-788-1485 Fax 84 Park Avenue, Suite E-103, Flemington, NJ 08822 www.norwescap.org/employment/career-lifetransitions-center

NORWESCAP ECHO Housing

NORWESCAP Family Loan Program

NORWESCAP Home Energy Assistance and Weatherization 908-782-0612 888-454-4778

NORWESCAP Individual Development Accounts 908-454-7000 ext. 116

NORWESCAP RSVP Program 908-387-9830 888-387-9830

Nursing Homes

Division of Aging Services New Jersey 877-222-3737 Toll Free 12B Quakerbridge Plaza P.O. Box 715 Mercerville, NJ 08625-0715 www.state.nj.us/humanservices/doas/home

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org



Overdose, Alcohol/Drugs

Emergency Assistance Dial 911



Parks

Parks Department Hunterdon 908-782-1158 www.co.hunterdon.nj.us/depts/parks/parks.htm

Passports

908-782-4068 Fax www.co.hunterdon.nj.us/countyclerk.htm

Patient & Family Education

Hunterdon Healthcare 908-788-6157 www.hunterdonhealth.orgt

Photo Identification Cards

Hunterdon County Clerk's Office www.co.hunterdon.nj.us/countyclerk.htm

Physician Information Service & Hospital Programs

Physician Referral Service/Hunterdon Healthcare 1-800-511-4HMC (4462)

Physical and Occupational Therapy

Hunterdon Health & Wellness Center (Clinton) 908-735-3930

1738 Route 31 North, Suite 103, Clinton, NJ 08809 www.hunterdonhealth.org/services/physical-and-occupational-therapy

Hunterdon Sports & Physical Therapy 908-237-7096 222 Route 31, Flemington, NJ 08822 www.hunterdonhealth.org/services/physical-andoccupational-therapy

Hunterdon Medical Center Physical and Occupational Therapy at Wescott 908-788-6394 8100 Wescott Drive, Suite 103 Flemington, New Jersey 08822 www.hunterdonhealth.org/services/physical-and-occupational-therapy

Hunterdon Regional Cancer Center Oncology Rehabilitation

908-237-6040

2100 Wescott Drive, Flemington, New Jersey 08822 www.hunterdonhealth.org/services/physical-and-occupational-therapy

Hunterdon Health & Wellness Center (Whitehouse) 908-534-1320

537 Route 22 East, Whitehouse Station, NJ 08889 www.hunterdonhealth.org/services/physical-and-occupational-therapy

Physical and Occupational Therapy at Bridgewater 908-237-4109

1121 Route 22 West, Suite 207, Bridgewater, NJ 08807 www.hunterdonhealth.org/services/physical-and-occupational-therapy

Hawk Pointe Medical Office Building 908-237-4141

6 Clubhouse Drive, Suite 103, Washington, NJ 07882 www.hunterdonhealth.org/services/physical-and-occupational-therapy

St. Luke's - Hillcrest 908-847-6756 755 Memorial Pkwy, Suite 208, Phillipsburg, NJ 08865

St. Luke's - Washington 908-847-3200 315 Route 31 South, Washington, NJ 07882

St. Luke's - Clinton 908-847-5210 22 Walmart Plaza, 1st Level, Clinton, NJ 08809

Poison Control Center

800-222-1222 www.aapcc.org

Poison Control Center – NJ 800-962-1253 973-926-8008 140 Bergen Street, Newark, NJ 07103 www.njpies.org

Police

Dial 911 Emergencies

Prescription Assistance

Hunterdon County Medication Access Program 908-788-6572 2100 Westcott Drive, Flemington, NJ 08822 www.hunterdonhealth.org/patients-and-visitors/hunterdon-county-medication-access-program

Progressive Center for Independent Living

908 782-1055 908-782-1081 TTY 908-782-6025 Fax 4 Walter Foran Blvd., Suite 410, Flemington, NJ 08822 www.pcil.org

Prosecutor's Office

Hunterdon County 908-788-1129 908-806-4618 Fax 65 Park Avenue, Flemington, NJ 08822 www.co.hunterdon.nj.us

Warren County Prosecutor's Office 908-475-6275 199 Hardwick St, Belvidere, NJ 07823 www.wcpo-nj.us/

R

Rabies Clinics

908-788-1351 908-782-7510 Fax Hunterdon County Department of Health www.co.hunterdon.nj.us/health/rabiesclinics.html

Recycling

Hunterdon County Utilities Authority 908-788-1110 www.co.hunterdon.nj.us/recycling.html

Rutgers Cooperative Research and Extension of Hunterdon County

908-788-1341 314 Route 12 County Complex, Building #2 Flemington, NJ 08822 www.hunterdon.njaes.rutgers.edu

S

Salvation Army

908-237-9008 40 East Main Street, Flemington, NJ 08822 www.easternusa.salvationarmy.org/new-jersey/ flemington/

Self-Help

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357

New Jersey Self-Help Clearing House 1-800-367-6274

Dial 211 1-877-652-1148 www.nj211.org

Senior Service/Aging Divisions

Division of Aging and Disability Services Warren County 1-877-222-3737 908-475-6591 Wayne Dumont, Jr. Admin. Bldg. 165 County Route 519 South Belvidere, NJ 07823

23

Division of Senior, Disability & Veterans Services Hunterdon County 908-788-1361 4 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/aging.htm

Office on Aging
Mercer County
1-877-222-3737
640 South Broad Street, P.O. Box 8068
Trenton, NJ 08650-0068
www.mercercounty.org/departments/human-services/
aging-disability-resource-connection/office-on-aging

Office on Aging and Disability Services Somerset County 1-888-747-1122 908-704-6346 27 Warren Street, Somerville, NJ 08876 www.co.somerset.nj.us/government/human-services/ aging-disability-services

Division of Aging Services New Jersey 877-222-3737 Toll Free 12B Quakerbridge Plaza, P.O. Box 715 Mercerville, NJ 08625-0715 www.state.nj.us/humanservices/doas/home

Senior Programs and Services

Aging Services Advisory Council, Warren County 908-475-6591 877-222-3737 165 County Route 519 South, Belvidere, NJ 07823

Briteside Adult Day Center 908-782-8080 16 Sand Hill Road, Flemington, NJ 08822 www.hunterdonhealth.org/services/britesideadult-day-center

Center for Healthy Aging Hunterdon Medical Center 908-788-6373 2100 Westcott Dr., Flemington, NJ 08822 www.hunterdonhealth.org/services/center-healthy-aging

Friendly Visitor/Grocery Shopping Senior & Disability Services Division Hunterdon Helpline 908-782-4357 P.O. Box 246, Flemington, NJ 08822 www.helplinehc.org Home Repairs Department of Senior Services Hunterdon County 908-788-1358 4 Gauntt Place, Flemington, NJ 08822

Hunterdon SafeLine (medical alert system) 908-237-5425 908-788-2562

Telephone Reassurance Calls Senior & Disability Services Hunterdon Helpline 908-782-4357 www.helplinehc.org

Volunteer Income Tax Assistance (VITA) program United Way of Hunterdon 908-237-1689 908-782-6704 Fax 4 Walter Foran Blvd., Suite 401, Flemington, NJ 08822 www.uwhunterdon.org/client-services/volunteerincome-tax-assistance

Senior Centers

Senior Center Division of Senior, Disability and Veterans Services Hunterdon County 4 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/aging.htm

For a complete listing of Senior Centers in: Hunterdon County see page 33 Mercer County see page 35 Somerset County see page 38 Warren County see page 38

Sexual Assault

Hunterdon Behavioral Health Crisis Hotline 908-788-6400

Hunterdon County Prosecutor's Office 908-788-1129 65 Park Ave., Flemington, NJ 08822 www.co.hunterdon.nj.us

RAINN (Rape, Abuse, Incest National Network) 800-656-HOPE www.rainn.org

SAFE in Hunterdon 888-988-4033 www.safeinhunterdon.org

Sexually Transmitted Diseases (STD'S)

Center for Disease Control 800-232-4636 www.cdc.gov/STD

Hunterdon County Dept. of Health 908-806-4893 1030 Route 31 N, Lebanon, NJ 08833 www.co.hunterdon.nj.us/health.html

Sheriff's Office

Hunterdon County 908-788-1166 8 Court Street, Flemington, NJ 08822 www.co.hunterdon.nj.us/sheriff.htm

Mercer County 609-989-6111 175 South Broad Street, Trenton, NJ 08650 www.mercercounty.org/government/sheriff

Somerset County 908-231-7140 20 Grove Street, Somerville, NJ 08876 www.co.somerset.nj.us/government/electedofficials/sheriff

Warren County 908-475-6309 413 Second Street, Belvidere, NJ 07823 www.wcsheriff-nj.us/home

Social Security

800-772-1213 www.ssa.gov

Social Services

Department of Social Services Hunterdon County 908-788-1300 6 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/depts/social/socserv.htm

Board of Social Services Mercer County 609-989-4320 200 Woolverton Street, Trenton, NJ 08650 www.mcboss.org Board of Social Services Somerset County 908-526-8800 73 East High Street, Somerville, NJ 08876 www.co.somerset.nj.us/government/affiliated-agencies/ social-services

Division of Temporary Assistance & Social Services Warren County
908-475-6301
800-525-8761
1 Shotwell Drive, Belvidere, NJ 07823
Homeless Hotline: 877-661-4357
www.warrencountynj.gov/government/human-services/division-of-temporary-assistance-and-social-services

SPCA

See Animals

Substance Abuse Programs and Services

Addictions/Alcohol Treatment Services (outpatient and inpatient)
Hunterdon Behavioral Health
Hunterdon Medical Center
908-788-6401
Toll Free: 1-866-HBH-2060
24-Hour Crisis Hotline: 908-788-6400
www.hunterdonhealth.org/services/hunterdonbehavioral-health

Alcohol and Substance Abuse Planner, Hunterdon County 908-788-1253 908-806-4204 Fax Department of Human Services, Flemington, NJ 08822 www.co.hunterdon.nj.us/humanservices.htm

Anderson House, Inc. / Turning Point 908-534-5818 908-534-8871 Fax 532 Route 523, Whitehouse Station, NJ 08889 www.turningpointnj.org/about-us/anderson-house

Daytop Village of New Jersey in Hunterdon 908-806-5195 6 Gauntt Place, Bldg. 2, Flemington, NJ 08822

25

Hunterdon County Municipal Alliance Program 908-788-1253 908-806-4204 Fax Department of Human Services Flemington, NJ 08822 www.co.hunterdon.nj.us/humanservices.htm

Hunterdon Drug Awareness Program 908-788-3836 Fax 8 Main Street, Suite 7, Flemington, NJ 08822

Hunterdon Prevention Resources 908-782-3909 908-782-6025 Fax 4 Walter Foran Blvd., Suite 410 Flemington, NJ 08822 www.njprevent.com

Suicide

Crisis Hotline Hunterdon Behavioral Health 908-788-6400 www.hunterdonhealth.org/services/hunterdonbehavioral-health

First Assist Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

New Jersey Hopeline 1-855-654-6735 www.njhopeline.com

Suicide Hotline 988 www.988lifeline.org



Telephone Reassurance

Senior & Disability Services Division Hunterdon Helpline 1-800-272-4630 908-782-4357 www.helplinehc.org

Tenants Rights

Legal Services of Northwest New Jersey 908-782-7979 908-782-9761 82 Park Ave., Flemington, NJ 08822 www.lsnj.org/lsnwj/index.htm

Thrift Shops

North Hunterdon UMC Thrift Shop (Norton Church) 908-735-0177 51 Charlestown Rd., Hampton, NJ 08827

Open Cupboard Food Pantry Thrift Store 81 Main Street, High Bridge, NJ

SPCA Thrift Shop 576 Stamets Road, Milford, NJ 08848

The Consignment Shop SAFE in Hunterdon 160 Main St., Flemington, NJ 08822 www.safeinhunterdon.org/donate

Yesterday's Treasures 908-237-6097 215 Route 31 South, Flemington, NJ 08822

Tick Identification

www.tickinfo.com

Translation Services

Community Translation Center Hunterdon Helpline 1-800-272-4357 908-782-4357 P.O. Box 2, Flemington, NJ 08822 www.helplinehc.org

Transportation

LINK 800-842-0531 www.ridethelink.com

See Commuter Transportation Services - HART

Transportation, Medical

Emergency Dial 911



Unemployment

See Employment

United Way of Hunterdon County

908-782-3414 908-782-6704 Fax 4 Walter Foran Blvd., Suite 401 Flemington, NJ 08822 www.uwhunterdon.org

Utility Assistance

Salvation Army 908-237-9008 40 East Main Street, Flemington, NJ 08822 www.easternusa.salvationarmy.org

Hunterdon Helpline 1-800-272-4630 908-782-4357 P.O. Box 246, Flemington, NJ 08822 www.helplinehc.org

Home Energy Assistance and Weatherization NORWESCAP 908-782-0612



Venereal Diseases

Center for Disease Control 800-232-4636 www.cdc.gov/STD

Hunterdon Public Health Nurse 908-806-4570 www.co.hunterdon.nj.us/phn.html

Planned Parenthood of Northern NJ 908-782-7727 349 Route 31 South, Flemington, NJ 08822 www.plannedparenthood.org/planned-parenthoodnorthern-central-southern-new-jersey

Veterans Administration

800-827-1000 Benefits Hotline: 800-698-2411 www.va.gov

Veterans Office

Department of Military & Veterans Affairs State of New Jersey 908-537-0831 200 Sanatorium Road, Glen Gardner, NJ 08826 www.nj.gov/military/veterans

Division of Senior, Disabilities and Veteran Services Hunterdon County 908-788-1361 4 Gauntt Place, Flemington, NJ 08822 www.co.hunterdon.nj.us/aging.htm Warren County Veterans Recognition Program 908-475-6580 165 Route 519 S, Belvidere, NJ 07823-1949 www.warrencountynjveterans.com

Visiting Health and Supportive Services

Home Health Services (Nursing, Physical Therapy, Home Infusion)
Hunterdon Regional Community Health
908-788-6138
www.hunterdonhealth.org/services/home-health

Visiting Health and Supportive Services Hunterdon Regional Community Health 908-788-2562

Visiting Homemaker Service, Warren County 908-689-4140 18 Broad St, P.O. Box 306, Washington, NJ 07882 www.vhswc.org

Vocational Rehabilitation Service

NJ Department of Labor and Workforce Development 908-704-3030 75 Veterans Memorial Drive East, Suite 101 Somerville, NJ 08876

Volunteer Guardianship One-One, Inc.

908-284-9100 908-782-4203 Fax 188 Route 31, Flemington, NJ 08822 www.volunteerguardianship.org

Volunteer Income Tax Assistance (VITA) Program

United Way of Hunterdon 908-782-3414 908-782-6704 Fax 4 Walter Foran Blvd., Suite 401, Flemington, NJ 08822 www.uwhunterdon.org/client-services/volunteerincome-tax-assistance



Welfare

See Social Services

Women's Crisis Services

Emergency Dial 911 SAFE in Hunterdon 908-788-7666 24-Hour Hotline 888-988-4033 47 E. Main Street, Flemington, NJ 08822 www.safeinhunterdon.org

Worker's Compensation

New Jersey 609-292-2515 www.nj.gov/labor/workerscompensation



YMCA

Hillsborough 908-369-0490 19 East Mountain Road Hillsborough, NJ 08846 www.gscymca.org

Hunterdon County www.ymcabhc.org

Deer Path Branch 908-782-1030

144 W Woodschurch Rd., Flemington, NJ 08822

Round Valley Branch 908-236-0055 1410 US Highway 22 W, Annandale, NJ 08801

Mercer County JKR Branch 609-581-9622 1315 Whitehorse-Mercerville Rd Hamilton, NJ 08619

Cranbrook Branch Adjacent to JKR Branch 609-581-9622 1301 Whitehorse-Mercerville Road Hamilton, NJ 08619

Sawmill Branch 609-581-9622 185 Sawmill Rd Hamilton, NJ 08620

Princeton Family YMCA 609-497-YMCA (9622) 59 Paul Robeson Place Princeton, NJ 08540 www.princetonymca.org Somerset County 908-526-0688 601 Garretson Road Bridgewater, NJ 08807 www.gscymca.org

Somerville 908-722-4567 2 Green Street Somerville, NJ 08876 www.gscymca.org

Warren County Blairstown 908-362-5153



Zufall Health Center

Dental

Flemington Healthy Smile Center 908-968-4440 361 Route 31, Building C Flemington, NJ 08822

Medical

Highlands Health Van www.zufallhealth.org

Life is like riding a bicycle. To keep your balance, you must keep moving.

Albert Einstein

Visit the interactive version of CHOICES for Seniors.

To view, download and link to the web: www.choicesforseniorsdirectory.org

OR scan the QR code.



HEALTHCARE

Aging Life Care Professionals Home Care Physicians

Call us for a complimentary consultation!



Aging Life Care Experts with more than 45 years of experience

Power. Control. Dignity. Peace of Mind.

Concierge services dedicated to helping seniors make healthcare decisions they feel good about and plan for a future that makes everyone feel secure.



NIGHTINGALENJ

Eldercare Navigators

Medication Management • Conflict Resolution Nursing And Psychosocial Assessments • Memory Care Guidance

CHRIS KELLOGG, MSW, LSW & KELLY MCNAMARA, RN, LNHA

908-452-6644 • info@nightingalenj.com • nightingalenj.com 148 West End Avenue • Somerville, NJ 08876

HOME CARE

Comforting Solutions For In-Home Care



160 Main Street Bldg. B, Suite 7 Flemington, NJ 08822

New Jersey Health Care Service Firm License #HP0081000

- Companionship
- Personal Care
- Live-In Care
- 24-Hour Care
- Alzheimer's Care
- Dementia Care
- Interactive $Caregiving^{\text{TM}}$

Call Today To Schedule Your FREE Home Care Assessment!



Toll Free: 1-877-806-2220 **(eepers.** Local: 908-806-2220

WWW.FLEMINGTON-657.COMFORTKEEPERS.COM

We are the right people, doing the right things, the right way, for the right reason.











HOURLY · OVERNIGHTS · LIVE-INS

Companion & Home Health Aide Caregivers

Personal Care · Companionship · Medication Reminders Transportation · Meal Preparation · Light Housekeeping

CONTACT US

Somerset & Hunterdon

Mercer, Middlesex & North Monmouth

Warren



Assisting Seniors AT HOME WITH **C**OMPASSIONATE

Families Helping Families

Companion Aides & CHHHAs • NJ State Licensed Bonded & Insured • Family Respite Care

FREE Assessment

- Hourly & Live-In 24-Hour Care
- Personal Care
- Medication Reminders
- Meal Preparation
- Light Housekeeping & Laundry
- Transportation & Errands

908-788-9390

Countryside Plaza North • 361 Route 31 • Flemington, NJ 08822

WWW.ANITASANGELS.COM • ANITASANGELSSC@AOL.COM

The Greying of New Jersey

New Jersey has had a fast-growing senior population over the last several years, jumping from just over 14% to 16.9%.

The same is true for the counties represented in CHOICES for Seniors directory:

Hunterdon County: 20.1%

Mercer County: 16%

Somerset County: 16.7%

Warren County: 19.2%

Hunterdon County is the fastest growing and comes in third behind Cape May (28.2%) and Ocean County (22.4%), according to the 2021 US Census. Of course, the higher percentage in those counties is due to their status as retirement havens.

Clearly, the rising demographic is an indicator that programs and services must also increase as the need increases.



IS MEMORY LOSS A CONCERN?

WE CAN HELP. THE CENTRAL JERSEY MEMORY CENTER

During the comprehensive diagnostic appointment, a geriatrician will:

- Review your family history
- Perform a physical
- Perform cognitive testing
- Complete lab and/or imaging work

To learn more or to schedule an appointment, call 908-788-6373.



WARNING

Side effects of hearing wellness may lead to *improved cognitive function*



Healthy living starts with healthy hearing.

CDECIAL DEEED

COMPLIMENTARY CONSULTATION with a free clean & check of your current hearing devices.

Your hearing matters. Call us today! 908.923.0939



Flemington • 18 Commerce St Sue A. Clampitt, M.S., CCC-A, Audiologist NJ Hearing Aid Lic #25MG00113900 NJ Audiology Lic #41YA00072900

HunterdonAudiology.com

Do You Speak A Language Other Than English?

Our website version offers the directory in both English and Spanish.

For all other languages, please call the **Hunterdon Helpline at 908-782-4357**to be connected with one of its

Community Translation Center Volunteers
for assistance in your language.



Hunterdon Medical Center; Doctors Office Building 1100 Wescott Drive, Suites 201/204/205/206 Flemington. NJ 08822

135 West End Avenue Somerville, NJ 08876

(908) 483-4000 www.HunterdonGastro.com "You don't stop laughing when you grow old, you grow old when you stop laughing."

GeorgeBernard Shaw



Hunterdon County Senior Centers

Hunterdon County Senior Center

Route 31 County Complex 4 Gauntt Place, Building #1 • P.O. Box 2900 Flemington, NJ 08822-2900 (908) 788-1359 seniorcenter@co.hunterdon.nj.us

Bethlehem Township

Bethlehem Seniors, 1st Mon. of every month 12:30 PM, Community Center, 405 Mine Rd. Asbury, NJ 08802 908-735-7359

Clinton Township

Clinton Township - Seniors, 2nd Wed. of every month at 10 AM, Annandale Reformed Church 2 West St., Annandale, NJ 08801 908-735-0424

Delaware Valley

Senior Citizen's, 2nd & 4th Wed. of every month at 11:30 AM, American Legion Tossanni Post 120, 322 North Union St., Lambertville, NJ 08530 609-397-5929

Franklin Township

Senior Citizens, 2 PM on 2nd Wed. of every month, Quakertown Fire House, 202 Sidney Rd., Pittstown, NJ 08867 908-735-6960

Holland Township

Community Seniors, 4th Thurs. of every month at 1 PM, Riegel Ridge Community Center, 910 Milford Warren Glen Rd., Milford, NJ 08848 908-996-2952

Sergeantsville, Senior Citizens

1st Wed. of every month 1 PM, Meeting location, Sergeantsville Volunteer Fire Company, VFC, P.O. Box 87, Sergeantsville, NJ 08557 609-397-0145

Readington Township

3rd Wed. of every month, Polish American Citizen's Club, Kline Blvd., Whitehouse Station, NJ, 908-534-4634

Union Township

Senior Citizens Club, 2nd and 4th Mon. of every month at Bethlehem Presbyterian Church\ 2 Race St., Pittstown, NJ 08867 908-689-3846

West Amwell

Wonders, Third Thurs. of every month at 12 PM, Old Rock Church, 260 Mt. Airy-Harbourton Rd. Lambertville, NJ 08530 609-397-3073

For a listing of Senior Centers in Mercer County please see page 35.

For a listing of Senior Centers in Somerset and Warren County please see page 38.

FACILITIES

Rehabilitation
Retirement Communities
Skilled Nursing & Rehabilitation
(Nursing Homes)





RETIREMENT COMMUNITIES



a Vibrant Active Retirement Community Living YOUR Happy Lifestyle

With its beautiful 100+ acre campus, community garden, woodworking shop, multiple dining venues, and countless clubs and activities, Heath Village is an energetic retirement community that offers a variety of lifestyle options.





Call 908-684-5009 today to schedule a tour and learn more about all of our amenities and four levels of living as well as our flexible, pay-as-you-qo financial plan.

Optional Entrance Fees!



430 Schooley's Mountain Road Hackettstown, NJ 07840 info@heathvillage.com www.heathvillage.com www.facebook.com/heathvillage

Mercer County Senior Centers

East Windsor Senior Center

40 Lanning Boulevard East Windsor, NJ 08520 (609) 371-7192

Ewing Senior Center

Hollowbrook Community Center 320 Hollowbrook Drive Ewing, NJ 08638 (609) 883-1199

Bernice Muha Senior Center

409 Cypress Lane Hamilton, NJ 08619 (609) 890-3686

Jewish Family and Children's Services of Greater Mercer Co.

707 Alexander Road, Suite 102 Princeton, NJ 08540 (609) 987-8100

Robbinsville Township Senior Center

1117 Route # 130 Robbinsville, NJ 08691 (609) 259-1567

West Windsor Senior Center

West Windsor Senior Center Clarksville Road Princeton Junction, NJ 08550 (609) 799-9068

For a listing of Senior Centers in Somerset and Warren County please see page 38.

For a listing of Senior Centers in Hunterdon County please see page 33.

Tips for Touring an **Assisted Living**

Many people choose an assisted living community when they can no longer safely live at home, but do not need Nursing Home care. Choosing an Assisted Living can be overwhelming if you do not know what to look for and what questions to ask.

Asking the correct questions will help you make a confident decision in choosing the best assisted living. Here are some questions that you want to ask.

- What kind of care do you offer? When is someone no longer assisted living appropriate?
- If additional care is needed will the community assist with transfer?
- What is the average staff longevity? Average resident longevity?
- What is the staff to resident ratio?
- Is there a nurse on-site 24 hours a day?
- Does the community assist with transportation for medication appointments?
- Who provides medication administration in the community?
- Do they accept Medicaid? Most Assisted Living's require you pay privately for 2-3 years before they will accept Medicaid. Make sure you plan ahead. Move sooner rather than later if funds are limited.
- Is there a community fee? Make sure you go over all the pricing. You do not want to find any hidden costs
- How many units is the community licensed for?
- Is there a dedicated unit/floor for those suffering from memory care?
- Finally, the most important question... ask what makes them stand out from the other Assisted Livings?

The first step is to decide what is important to you and your family to narrow down your search. When touring an assisted living it is always a good idea to make an appointment and sit with down with one of their specialists and get as much information as you can. During your appointment it is best to bring along any specific questions you may have. Your tour begins the moment you walk through the doors. Observe the community surroundings and amenities. Is the community well kept? Does it have a home-like feel?

Finding an Assisted Living that checks all of your boxes can take time. It is best to start advanced planning for your future so you are prepared and confident that you have found a place where your loved one will feel safe and comfortable.

Jennifer Furman, CTRS, CALA

Director of Community Relations

& Marketing

Bridgeway Senior Healthcare Assisted Living - Rehabilitation Skilled Nursing - Therapy at Home

> 908-707-8800 ext 703 www.bshcare.com



Top 40 Work Places in NJ 2022

SEE OUR AD ON PAGE 37

We're here for you no matter what life brings!

Assisted Living

Memory Care

Respite Care







Skilled Nursing

Rehabilitation

Care at Home



















BSHcare.com

(908) 837-8777

A CONTINUUM OF CARE... A GENERATION OF CARING



Somerset County Senior Centers

Senior Wellness Center 202 Mt. Airy Rd. Basking Ridge, NJ (908) 204-3435

Quail Brook Senior Center 625 New Brunswick Rd. Somerset, NJ (732) 563-4213 Hillsborough Senior Center 339 South Branch Rd. Hillsborough, NJ (908) 369-8700

Montgomery Senior Center 356 Skillman Rd. Skillman, NJ (609) 466-0846

For a listing of Senior Centers in Mercer County please see page 35.

Warren County Senior Centers

Northern Warren Community Senior Center 497 Route 94, Columbia, NJ 07832 908-496-4001

Hackettstown Area Community Senior Center 293 Main St., Hackettstown, NJ 07840 908-850-5438

Phillipsburg Senior Center (Satellite location) 310 Firth St., Phillipsburg, NJ 08865 908-859-2423

Washington Area Community Senior Center 33 Brass Castle Rd., Washington, NJ 07882 908-689-0650

Warren County Division of Senior Services 165 County Road 519, #1, Belivdere, NJ 908-475-6591

For a listing of Senior Centers in Hunterdon County please see page 33.



A Pillar in the Community — for over 60 years —

Subacute Care • Long Term Care
Specialized Care for the Memory Impaired
Fully Equipped Rehab Gym with Hydro-Therapy Pool
Respite Care • Hospice Care • Palliative Care
Medicare & Medicaid Certified • Private Insurance Contracts

Please visit us for a taste of tranquility and to experience our "Caring Family"

OUR STATE-OF-THE-ART 200-BED FACILITY OFFERS

36 BED SUBACUTE REHABILITATION UNIT

44-BED MEMORY UNIT

TWO 60-BED LONG TERM CARE UNITS

39 East Mountain Road | Hillsborough, NJ 08844 908.369.8711 | www.foothillacres.com



While many people may think that seniors are confounded by technology, more and more seniors, even well into their 80s are learning about and relying upon technology to keep them informed and connected.

According to several studies, including those conducted by the Pew Research Center, more and more seniors are substituting cellphones for landlines, are learning about and using computers and tablets and are connecting through social media outlets.

Points to remember about connecting seniors with technology:

- A gift of a laptop, cellphone or tablet must include directions/instructions
 Technology may be welcomed but useless without instructions.
- > Set up emergency contacts on cellphones
 Cellphones can be a huge asset in the case of an
 emergency make calling emergency contacts as
 easy as possible.
- > Setting up Social Media accounts connects the user to family and friends
 Sites such as Facebook, even Zoom, often show the value of being connected technologically.
- > Utilize community computer classes offered by Senior Centers and other, similar facilities

 Seniors taking advantage of such learning opportunities use their devices more frequently and with greater success.

Volunteers Needed

Without volunteers, the non-profit agencies listed in this directory could not provide the programs and services they offer, many of which are free.

Volunteers are giving, caring people who believe that offering a helping hand or giving back to their community is an essential part of the fabric of their life. Won't you become part of this caring community?

Hunterdon Helpline is always seeking volunteers for:

- ✓ Telephone Reassurance
- ✔ Hunterdon Hispanos

✔ Friendly Visitor

✔ Community Translation Center

✓ Literacy Services

✔ Volunteer Shopper

For more volunteer opportunities, please visit the Non-Profit and Government Agencies/Organizations directory beginning on page 5.

There's an opportunity just right for you!

TRANSPORTATION



welcome to the Link Serving Hunterdon County

The LINK is the only mode of community transit in Hunterdon County. The County has partnered with Easton Coach to provide community transportation to ALL its citizens. We have a fleet of 23 buses that travel throughout the county. Our Cross County routes consist of North to South, Hampton to Lambertville and East to West, Holland to Readington. In Flemington we offer two Shuffle Routes traveling in opposition to take you around Flemington 7:30 am to 8:30 pm for \$2.00 a day, as well as one Shuffle on Saturday 8:30 am to 7:30 pm. We also offer Demand Response Shared Ride Service from 7:00 am to 4:30 pm Monday through Friday. Additionally, we offer a Bridgewater Express route that will take you to RVCC, Bridgewater Commons Mall and the Somerville Train Station for just \$2.00 a day.

It is easy to use the LINK. Call Central Dispatch at 1-800-842-0531 Monday-Friday, 8:30 am - 4:30 pm. It's best to call by noon the day before you need to travel. If you know up to 14 days in advance of your appointment, you may book it. The courteous and knowledgeable dispatcher will schedule your pick-up and return trip, after you answer a few questions. Feel free to call and confirm your pick-up times with dispatch. Have a smart phone? Download our Mobile App, Ecolane in Hunterdon and contact dispatch to start viewing your booked trips. Contact dispatch for further information and help.

How do you pay for your ride? For Seniors, age 60 and older, are given a "cost share" envelope. This is a reduced fare with a suggested donation of \$1.50. Your only responsibility is to return the envelope to the driver. The LINK is available to all residents of Hunterdon County regardless of your income level. Other public riders pay a cash fare of \$2.00 per zone.

The LINK is here to take you to all your appointments including medical, shopping, visiting, volunteer work and recreational all throughout the county. All our buses are wheelchair accessible. If you need to bring an aide or companion, they may ride at no extra charge.

Many seniors tell of how much they enjoy their time on the LINK. The LINK may be a place where people meet and form personal relationships. When this happens, passengers view their time on the LINK as a social outing to and from their scheduled appointment.

Judy from Flemington says:

Without it I wouldn't be able to enjoy my life the way I do.



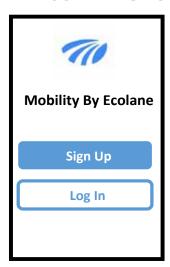


HUNTERDON COUNTY LINK TRANSPORTATION

1-800-842-0531 www.ridethelink.com

NEW!!! LINK MOBILE APP NOW AVAILABLE!!!

VIEW YOUR TRIPS! CANCEL YOUR TRIP! SEE WHAT TIME YOUR BUS WILL ARRIVE!







Where is my Ride?

When the bus arrives on site, you will receive another notification indicating the bus number and a message that the bus is there to pick you up.

Visit www.ridethelink.com

for instructions on how to download the app or... Call Dispatch for assistance at any time, 1-800-842-0531

The <u>Upcoming Tab</u>, allows you to see future trips which include the following details for each:

- Pick-up Time
- Pick-up Location
- Drop-off Location
- Return Trips

\$2.00

rides all

Monday - Friday 7:30 a.m. - 6:30 p.m Saturday 8:30 a.m. - 7:30 p.m. CROSS COUNTY BRIDGEWATER EXPRESS Monday - Friday 6:30 a.m. - 6:30 p.m. Saturday 8:30 a.m. - 7:30 p.m.

Pricing subject to change, senior discounts available. Please contact dispatch for exact fare quote.

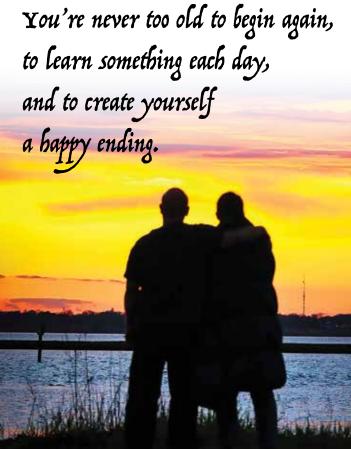
\$4.00

rides all

\$2.00

rides all







Friendly Visitor Program

Aging in place can be difficult. We all would rather stay in our familiar surroundings. Often, however, that means being isolated from family and friends.

Hunterdon Helpline's free Friendly Visitor program assists with a person's ability to age in place and live alone and independently while still having someone to check in on them, visit socially and make sure all is well.

Friendly Visitors visits Hunterdon County residents 60 years of age and older, who are socially and/or geographically isolated or whose caregivers need a respite to run errands or attend to work or business matters.

Friendly Visitor Volunteers visit seniors at the seniors' residence. The residence can be their house or apartment or long-term care facility. The visits are social in nature and the matched pair may play cards, look at photographs, read the newspaper, write letters, reminisce or just chat. Friendly Visitors have the oversight of Hunterdon Helpline if any issues or concerns are identified and the senior needs further assistance.

VOLUNTEERS NEEDED.

Please contact Hunterdon Helpline.

908-782-4357• 1-800-272-4630 www.helplinehc.org



Visit the interactive version of CHOICES for Seniors. To view, download and link to the web: **www.choicesforseniorsdirectory.org**OR scan the QR code.

BUSINESS SERVICES

Attorney
Funeral/Memorial/Ceremonial
Money Management
Real Estate
Tax Preparation



Founded 1884

- Wills & Living Wills
- Trusts Including Special Needs Trusts
- General Durable Powers of Attorney
- Elder Law & Medicaid Planning

0

- Estate & Trust Administration
- Health Care Powers of Attorney



John G. Manfreda, Esq. jmanfreda@gklegal.com

908-735-5161

1318 Route 31 North Annandale, NJ 08801

www.gklegal.com

LAW OFFICE OF ROBERT J. SHANAHAN, JR.

ROBERT J. SHANAHAN, JR. ESQ. A member of the National Academy of Elder Law Attorneys

- ♦ Last Wills & Testament
- ♦ Living Wills / Advance Directives
- ♦ Powers of Attorney
- ♦ Elder Law
- ◆ Guardianships
- ♦ Medicaid issues / applications
- ♦ Probate

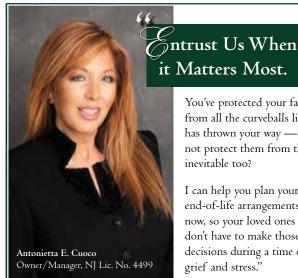


Call (908) 751--1551 to schedule an in-person consultation. 200 Route 31 North, Suite 207, Flemington NJ 08822 www.legalcounselnj.com





FUNERAL/MEMORIAL/CEREMONIAL



You've protected your family from all the curveballs life has thrown your way - why not protect them from the inevitable too?

I can help you plan your end-of-life arrangements now, so your loved ones don't have to make those decisions during a time of grief and stress."

Call, visit our website, or stop by to set up a risk-free, no-obligation preplanning appointment today.



10 West End Ave, Somerville 908-707-2058

 ${\it CuocoFuneral} And Cremation.com$

Providing peace of mind to you and your family.



Holcombe-Fisher **FUNERAL HOME**

Since 1894, serving the community with five continuous generations of the same family... By helping one important family at a time... yours.

(908) 782-4343

147 Main Street, Flemington, NJ 08822

We specialize in explaining, in simple terms, all of your arrangement options:

- ♦ Burials
- **♦** Cremations
- ♦ Pre-arrangements and pre-planning
- ♦ Funeral Trusts
- ♦ Out-of-town funerals

From the very simple to the elaborate, you will never be pressured...

ever.

www.holcombefisher.com director@holcombefisher.com



Charles Holcombe Fisher Manager, NJ Lic. #2631

Robert Fisher Bogart Director, NJ Lic. #4274

Mark Patrick Whittaker Director, NJ Lic. #4549

Ryan Christopher Winfield Director, NJ Lic. #4888

Leave them with memories, NOT QUESTIONS.



Spare your family from having to guess what you would have wanted by preplanning your funeral services.

Imagine how relieved they will feel knowing you left them with a plan along with a lifetime of memories. We take care of every detail, whether you plan with us or want to transfer plans you made at another funeral home.

Contact us by phone, come by in person, or schedule an online arrangement for free, no-obligation information on preplanning.



38 State Highway 31, Flemington, NJ 08822

Traditional Values, Modern Concepts, Golden Rule Service.

WRIGHTFAMILY.COM • (908) 782-3311

MONEY MANAGEMENT



Trust our team of daily money managers to create and maintain a safe, secure roadmap of your finances.



Pay Bills
Track income & expenses
Organize tax information
Maintain accurate account balances
And so much more to maintain
your financial stability

Anne Seline 908.672.2928

APSeline@EDCNB.com
EveryDayChecksandBalances.com



Volunteer Shopper Program

For seniors aging in place, transportation, mobility and other issues can be an impediment to taking care of daily chores. Grocery shopping is often a task that goes undone. The ramifications for a senior may mean nutritional imbalance and the resulting medical conditions that are associated with lack of food or drink.



The Hunterdon Helpline Volunteer Shopper program provides seniors with volunteers who run the errand of shopping, bringing back the groceries to the home and helping to store them in pantry and/or refrigerator. Seniors provide the funds to purchase the groceries. Volunteer Shopper must undergo a background check.

This program not only assists the senior, but family members as well, who may live a distance away, have a full work schedule or are themselves unable to perform this task due to transportation or other issues.

VOLUNTEERS NEEDED.

Please contact Hunterdon Helpline.

908-782-4357 • 1-800-272-4630 www.helplinehc.org



Hunterdon County Citizen AlertOFFICE OF EMERGENCY MANAGEMENT

Call First Assist to register for

HUNTERDON COUNTY CITIZEN ALERT 1-800-272-4630 | 908-782-4357

www.co.hunterdon.nj.us/communityalerts.html

Your connection to your community in a crisis or disaster.

Our alerts to your home phone, cell phone or email.

"Be Safe... Be Connected"

Stay connected with your county's emergency management office during a storm or other crisis through their public safety emergency alert system.

- 1. Hunterdon County Department of Public Safety Division of Emergency Management Citizen Alert 908-782-4357
 - www.co.hunterdon.nj.us/communityalerts.html
- **2. Mercer County Emergency Notification System** 609-799-8868

www.mercercounty.org/departments/emergencymanagement-public-safety/emergency-servicescommunications-center

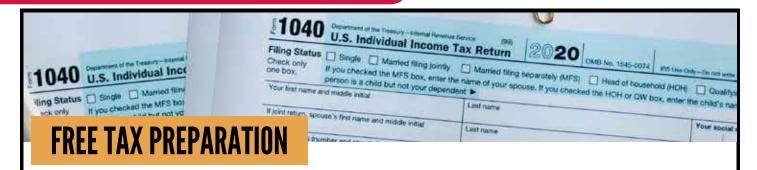
3. Somerset County

908-725-5070

www.co.somerset.nj.us/home

- **4. Warren County Department of Public Safety** 908-835-2048
 - www.warrencountynjdps.com

TAX PREPARATION



United Way of Hunterdon County offers **free assistance** with tax return preparation for **seniors** and low-to-moderate income Hunterdon County residents.

In 2021, our program volunteers filed **1,449 local tax returns** and brought back **\$2.6 million** in tax refunds.

Let us help you file your taxes for **FREE**! We offer **5 ways** to help you file your taxes, including fully remote options, in-person options, self-filing options, and more!

To learn more or to schedule an appointment, contact us:

taxes@uwhunterdon.org www.uwhunterdon.org/schedule-my-tax-appointment Phone: 908.237.1689

If you are outside of Hunterdon County, dial 2-1-1 for local tax assistance.



United Way of Hunterdon County

Index of Advertisers

BY BUSINESS NAME (ALPHABETICAL)

A	
Anita's Angels, Inc	. 31
В	
Bridgeway Senior Healthcare	. 37
C	
Comfort Keepers	. 30
Complete Health of Lawrenceville	
Cuoco Funeral & Cremation Services	
D-E	
EveryDay Checks and Balances	. 47
F	
Foothill Acres Rehab & Nursing Center	. 39
G	
Gebhardt & Kiefer	. 46
GoHunterdon	
н	
 Heath Village Retirement Community	. 35
Holcombe-Fisher Funeral Home	
Hunterdon Audiology	
Hunterdon Care Center /	
Rolling Hills Care Center	. 40
Hunterdon Gastroenterology Associates	
Hunterdon Healthcare - Memory Center	. 32
Hunterdon Helpline	•
Incida Front Cover & Outcide Rock Cover	

3
8
0
1
6
8
7

Index of Advertisers BY CATEGORY

NON-PROFIT & GOVERNMENT	Hospice	
AGENCIES/ORGANIZATIONS5	Comfort Keepers30	
Human Services		
Social Services	Physical Therapy	
	Foothill Acres Rehab & Nursing Center39	
SENIOR CENTERS		
Hunterdon County33	Physicians	
Mercer County35	Hunterdon Gastroenterology Associates33	
·	Hunterdon Healthcare - Memory Center32	
Somerset County38		
Warren County38	Speech & Hearing	
	Hunterdon Audiology32	
HEALTHCARE		
Aging Life Care Professionals	FACILITIES	
NightingaleNJ Eldercare Navigators30	Active Adult Communities	
Health & Wellness	Heath Village Retirement Community35	
Hunterdon Helpline	Alzheimer's, Dementia, Memory Care	
Inside Front Cover & Outside Back Cover	Bridgeway Senior Healthcare37	
Home Care	Foothill Acres Rehab & Nursing Center39	
Anita's Angels, Inc31	Hunterdon Care Center /	
Comfort Keepers30	Rolling Hills Care Center40	
Right at Home31		

BY CATEGORY

Assisted Living
Bridgeway Senior Healthcare37
Rehabilitation
Bridgeway Senior Healthcare37
Foothill Acres Rehab & Nursing Center39
Hunterdon Care Center /
Rolling Hills Care Center40
Retirement Communities
Heath Village Retirement Community35
Skilled Nursing & Rehab (Nursing Homes)
Bridgeway Senior Healthcare37
Foothill Acres Rehab & Nursing Center39
Hunterdon Care Center /
Rolling Hills Care Center40
TRANSPORTATION
GoHunterdon44
LINK Hunterdon County Transportation43

BUSINESS SERVICES

Attorneys
Gebhardt & Kiefer46
Robert J. Shanahan, Jr. Esq46
Funeral/Memorial/Ceremonial
Holcombe-Fisher Funeral Home46
Wright & Ford Family Funeral Home
and Cremation Services47
Money Management
Every Day Checks & Balances47
Real Estate
NextHome Premier - Tommy Holmes48
Senior Living Referral Services
Comfort Keepers30
Tax Preparation
United Way of Hunterdon County48

HAVE UNUSED OR EXPIRED PRESCRIPTION DRUGS?

Be Safe. Be Responsible.

Drop them in one of the Drug Drop Boxes located at:

Hunterdon County Justice Center 65 Park Avenue, Flemington, NJ

Mercer County Sheriff's Office 640 South Broad Street, Trenton, NJ

Somerset County Sheriff's Office 20 Grove Street, Somerville, NJ

Warren County Sheriff's Office 413 2nd Street, Belvidere, NJ

NO QUESTIONS ASKED!

For locations closer to home, go to www.njconsumeraffairs.gov/meddrop/pages/locations.aspx



Helping seniors and persons with disabilities to live independently.

WHO CAN BENEFIT:

Seniors over 60

Homebound residents

HOW WE HELP:

- Specialists call client 1 to several times a day
- Check clients' health, state of mind
- Remind clients about medications, meals, personal needs
- Socialization
- Provide community or emergency information
- Register clients for the county's Citizen Alert system
- Call client's first responders in case of emergency, then police



For your independence and your loved one's peace of mind, call Helpline today to register for this free program:

908-782-4357.

Referrals are accepted.

VOLUNTEERS NEEDED.

Please contact Hunterdon Helpline.

908-782-4357 • 1-800-272-4630 www.helplinehc.org

Your Pathway to Preparedness During a Community Crisis/Disaster

Emergencies occur every day of the year. No matter if the emergency is located in your neighborhood, a large-scale power outage throughout your municipality or a devastating hurricane, it's important to prepare in advance by creating a safety plan that identifies needs, resources, and a support network.

"Community resilience" is the ability to prepare for almost any anticipated disaster or emergency, adapt to changing conditions, and withstand and recover quickly from those disruptions. Emergency and disaster preparedness are key steps to resilience because:

- Disasters can happen unexpectedly
- The effects of disasters and emergencies are felt directly by individuals and families
- Most people prefer to make choices and decisions that are best for them and their unique situation, however, your options will be limited once a disaster occurs.
- Basic services, such as transportation or communication can be disrupted for days, weeks or even months after a disaster.

New Jersey municipalities and county governments make most decisions about local emergency procedures and disaster response. It is important that all individuals should have accurate information about their local emergency management plans. To find out more information about your local emergency procedures and disaster response plans, contact your county Office of Emergency Management and the Access and Functional Needs Coordinator:

HUNTERDON COUNTY

www.co.hunterdon.nj.us/communityalerts.html 908.788.1196

MERCER COUNTY www.mercercounty.org 609-799-0110

SOMERSET COUNTY

www.co.somerset.nj.us/government/ public-health-safety/emergency-management 908-526-2500

WARREN COUNTY
www.warrencountynjdps.com/home-safety
908-835-2030

There are a few points to consider in order to build community resilience before, during and after an emergency:

Know and develop your strengths, skills and abilities.
 Participate in community activities, drills, exercises and other training. Get involved in your community and show your support for others. Use existing skills and abilities during an emergency or disaster. You can make an impact

by providing emotional support, keeping others calm, preparing meals or speaking a native language.

- Know your personal health and medical needs. It is important to know your personal health and medical needs. Be sure to have access to devices, such as an extra wheelchair or hearing aid batteries, an adequate oxygen tank supply, catheters, medication, and specialized food for yourself and for your service animal.
- Know and build your network of support. Build a network of neighbors, family, relatives, friends, service workers, care providers and co-workers that know your unique personal needs and who can assist during an emergency and non-emergency. Consider including in your network a faith-based organization or group (e.g. synagogue or church), social groups or senior centers.
- Know your community. Look for resources in your own community. Identify alternative locations to receive care and support within your community just in case your primary network contacts are unable to assist.

Regardless of the emergency or disaster, remember these five basic tips:

- 1. At minimum, keep a three-day supply of water and food in your home. If you have the resources and ample storage space, build a seven-day supply of water and nonperishable foods. Keep in mind, you will want to address your specific dietary needs. You will also want to keep essential items in an "Emergency Kit".
- 2. Have a safety plan with important contact information available. List contact details for family, friends, medical care providers and other supports in your network.
- 3. Remain calm! Disasters and emergencies can be very frightening for anyone.
- 4. Most of the time, it is safer to stay inside during an emergency or disaster. You may need to shelter-inplace away from windows, unless specifically instructed by emergency professionals that they need for you to evacuate.
- 5. Prior to an emergency, individuals with access and functional needs, including those with a disability, should notify the local power company, caregivers, friends or family of any special-needs circumstances. New Jersey residents should consider signing up for the Register Ready program to identify their possible needs during an emergency. Register Ready can be found online at: https://www13.state.nj.us/SpecialNeeds/

The information for this article was taken directly from "New Jersey Pathways to Preparedness", a personal guide developed by the NJ Statewide Independent Living Council (NJSILC). To receive a full copy of the guide (available in digital or hardcopy format) please request a copy by phone contact The Progressive Center for Independent Living: 908-782-1055.



908-782-4357 • 1-800-272-4630

SENIORS AND DISABILITY SERVICES **OUR FREE PROGRAMS AND SERVICES AFFORD OUR CLIENTS:**

- Opportunities to be independent in their residence of choice
 - Social interaction
 - Assistance for caregivers
 - Assistance for physicians
 - Emergency assistance

PROGRAMS:

FIRST ASSIST

Any need, any time. We will provide you with the resources you need, register you for programs and services or link you to the organization that can best assist you.

TELEPHONE REASSURANCE

We call our clients once to several times a day to do a wellness check, provide a reminder about meals or medications and just have a friendly chat.

FRIENDLY VISITOR

Adult volunteers are matched with clients to provide a weekly social visit.

VOLUNTEER SHOPPER

Volunteers will shop for clients unable to physically shop at their grocery store.

CALL US FOR HELP

Registering for Citizens Alert or Register Ready.

Contact us 24/7, 365 days of the year. Real help, right away. It's not just a phone number.

PO BOX 246 • Flemington, NJ 08822 • www.helplinehc.org • 1

